Family and CHAP worker Check In



The purpose of this form is to assist in having a conversation around how your working relationship is going. Having regular chances to sit down and discuss successes, challenges and "next steps" can help keep a respite relationship going smoothly! You may wish to use the questions below to consider and then discuss with the CHAP worker.

For Families/Individuals

- 1. What goals and activities have the individual and CHAP worker been working on together?
- 2. What successes have you observed with the CHAP worker?
- 3. Have you observed any challenges with the CHAP worker? If so, what have they been and what steps have you taken to resolve them? How did those actions work?
- 4. What would you like the focus of the individual and CHAP worker's time together to be moving forward?
- 5. Are there any resources or suggestions you would like to share with the CHAP worker? Do they feel they could benefit from any support or development in a particular area?
- 6. Do you have any areas of concern that you'd like to address with the CHAP worker? Do they have any areas of concern they would like to address with you?
- 7. Does the CHAP worker foresee any changes in their life coming up that could impact the working relationship? Are there upcoming changes in your family that could impact the working relationship?

For CHAP workers

- 1. What goals and activities have you and the individual been working on together?
- 2. What successes have you observed with the individual?
- 3. Have you had any challenges in supporting the individual? If so, what were they and what have you tried to resolve them? How did those actions work?
- 4. Do you have any suggestions for "next steps" around goals that the individual may be working on? Are there any professional development opportunities in the community that you feel you would benefit from? (i.e. sitting in on meetings with other members of the individual's team)
- 5. Are there any resources that you would like to share with the family?
- 6. Do you have any areas of concern that you would like to address with the family? Do they have any areas of concern that they would like to address with you?
- 7. Do you foresee any changes in your life that could impact your working relationship with the family?